

LAROQ



PERFORMANCE & FITNESS

NC39
ABDOMINAL CRUNCH with Range of motion



THE KEY POINTS OF TANNAC RANGE



DURABILITY

Mechano-welded frame with 3,2 mm tubes, steel rear stack guard, hauling straps at very high strength. TANNAC machines are designed for intensive use.



STRENGTH

TANNAC machines, like all our ranges, are the result of our knowledge developed in high performance sport. They respond to high requirements in terms of biomechanics. Loads are adjustable to match the most demanding user's needs.



CHOICE

Optional frame colour (grey as standard), upholstery (standard black), logo embroidery are available

KEY POINTS NC39 – ABDOMINAL CRUNCH

RANGE OF MOTION

NC39 offers the possibility to adjust the range of motion to be performed whether the user wants to perform long or short repetitions to optimize muscle work.



ADJUSTABLE ABDOMINAL PAD

The abdominal support helps the user to perform the movement with confidence. Its position can be adjusted.



LUMBAR SUPPORT

LAROQ machines are ergonomically designed to grant comfort and security. That's why NC39 is equipped with a lumbar support to reduce the risk of pain or injury.





TECHNICAL DATA

CHARACTERISTICS	DESCRIPTION
Length	135 cm
Width	95 cm
Height	130 cm
Weight	180 kg
Standard load	60 kg
Maxi. load	120 kg
Maxi user weight	150 kg
Frame	Oval steel frame - 3,5mm/average
Stack guard	Rear
Upholstery	Black (other colours optional)
Load transmission	High resistance belting (4,5 tonnes)
Warranty	5 years on metal frame (excl. paint, upholstery and parts subject to wear)

STANDARD FRAME COLOUR	OPTIONAL FRAME COLOUR	
LAROG	I AROG	



DESCRIPTION DÉTAILLÉE



KNOW-HOW



WELDING

At the forefront of technology, we have a semiautomatic eight-axis welding robot. Its size and quality allow us to assemble all the sub-assemblies of the machines and ensure real quality.

The more specific parts are welded by an experienced team and then individually controlled.



PAINT

During the painting phase, our painters follow three key steps. Initially, they clean the parts apply a layer of antirust and protection. Then, paint is added by this process offers outstanding aesthetic quality as well as mechanical resistance electrostatic powdering.



ENVIRONMENTAL PROTECTION

We use recyclable 90% products. Our chassis are made of 100% steel and delivered by Austrian suppliers WUPPERMANN which guarantees character "infinitely recyclable of its steels" by encouraging the use of steel from the electrical industry to reduce its carbon footprint.



EN957 STANDARDS

All LAROQ machines are designed and manufactured according to the EN957 standards. They have been approved by an independent organization, COFRAC accredited. Tests are performed in the most demanding conditions (maximum displacement area, maximum stress, stability)

CUSTOMIZATION



EMBROIDERY

Made in France, we are able to customize your upholstery with your own embroidered paint. The ability to customize frame colors, upholstery colors, marking... you can completely customize your equipment.



SADDLERIES AND COLOR

The seats and cushions are entirely cut and hand-sewn in our upholstery workshop. We select the best manufacturers of natural or synthetic leathers to offer a wide range of colors and textures.

We place great importance on the quality of materials used in manufacturing and the details

LARGE CHOICE OF COLOURS (OPTIONAL)

GAMME KARA / KARA RANGE



LAROQ PERFORMANCE & FITNESS

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